



**ST EDMUND'S  
COLLEGE**  
CANBERRA • EST 1954

# Co-curricular Options

# Sports

Basketball	-	Page 3
Cricket	-	Page 4
Dragon Boating	-	Page 5
Football (Soccer)	-	Page 6
Mountain Biking	-	Page 7
Rugby	-	Page 8
Snow Sports	-	Page 9

# Music and Performing Arts

Musical / Cabaret	-	Page 11
Junior Band	-	Page 12
Senior Band	-	Page 13
Vocal Group	-	Page 14
Singing Blues	-	Page 15

# Extra-Curricular

Chess Club	-	Page 17
Debating Team	-	Page 18
Duke of Edinburgh	-	Page 19
Japanese – Australian	-	Page 20
Culture Club	-	
STEAM	-	Page 21

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**Phone: 6239 0667**





# Sports

Basketball  
Cricket  
Dragon Boating  
Football (Soccer)  
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Rugby  
Snow Sports

-  
-  
-  
-  
-  
-  
-

Page 3  
Page 4  
Page 5  
Page 6  
Page 7  
Page 8  
Page 9

## Basketball

Basketball is the only team sport at St Edmund's College that offers students the opportunity to participate all year round. The school aims to provide an appropriate level of competition for each student with teams entered in most divisions across all age groups. The local competition sees students compete against other private schools as well as clubs in the ACT, in both the summer and winter seasons. Staff and parents coach the teams, providing development and enjoyment for students.

### Age Availability

All years

### Season dates

Summer: October - April  
Winter: May – September

### Training times

Before or after school – varies between age groups and seasons

### Cost

\$200 per season\*

### Contact

David Mead

dmead@stedmunds.act.edu.au

\*All costs are subject to change based on entry/registration fees, insurance and cost of equipment.





## Cricket

St Edmund's College has teams entered in every age competing in the ACT Cricket Junior Competition against local schools and clubs. The 1st XI plays in the ASC Competition against the other private schools in Canberra in both T20 and one day competitions. Competitive games are spread across the weekend with games taking place on Friday night for ungraded younger teams, Saturday morning for Division 1 teams, and Sunday morning for Division 2 teams. Volunteers, including parents, students and staff coach the teams, providing development and enjoyment for students.

### Age Availability

All Years

### Season dates

September: Pre-season  
October – March: Season

### Training times

U10 – U11	Wednesday: 3:30pm - 5pm
U12	Monday: 3:30pm - 5pm
U14-U15-U16	Monday & Wednesday 3:30pm - 5pm
ASC squad	Tuesday & Thursday 3:30pm - 5pm (including U18 div 2)

### Cost

U11 - \$99\*  
U12 and above - \$125\*

### Contact

Andrew Taylor

Cricket@stedmunds.act.edu.au

\*All costs are subject to change based on entry/registration fees, insurance and cost of equipment.



## Dragon Boating

Dragon Boat racing consists of a crew of 22 students: 20 paddlers, a drummer and a sweep. The St Edmund's Dragon Boat team, named 'Saints', compete in a number of events throughout the season, both locally and interstate. Details of regattas will be distributed prior to each event, outlining specific details such as venues, times and the costs involved.

The students have the ability to paddle with the students from St Clare's College in some events which enables us to participate in mixed team races.

### Age Availability

Year 7 - 12

### Season dates

Term 4

Term 1

### Training times

Tuesday & Thursday: 3:30pm – 5pm

### Cost

200\*

### Contact

Alex Hausen

[ahausen@stedmunds.act.edu.au](mailto:ahausen@stedmunds.act.edu.au)





## Football (Soccer)

St Edmund's College students compete against schools and clubs under the banner of Capital Football. With a combination of home and away games, the sport of Football is one that is accessible to all students of many levels.

### Age Availability

All Years

### Season dates

March – April  
May – September

Pre-season  
Season

### Training times

U10 Monday: 3:30pm – 5:00pm  
U11 – U12 Wednesday: 3:30pm – 5:00pm  
U13 – U14 Monday & Wednesday:  
3:30pm - 5:00pm  
U15 – U18 Tuesday & Thursday:  
3:30pm – 5:00pm

### Cost

\$125\*

### Contact

Carmela Wilson

[cwilson@stedmunds.act.edu.au](mailto:cwilson@stedmunds.act.edu.au)

\*All costs are subject to change based on entry/registration fees, insurance and cost of equipment.



## Mountain Biking

Students bring bikes to school on Thursday morning where they are stored for the day. Students are taken to Mt Stromlo or Mt Majura in the afternoon by the College bus. Ride duration at both locations is about 1.5 hours and difficulty varies depending on rider experience. Emphasis is on developing rider skill, safety and participation. Students are returned to the College by 6pm. There will be the opportunity to participate in some weekend rides and Interschool Competitions depending on student interest and availability. This activity operates year round but does depend on availability of the College bus and the weather from week to week.

### Age Availability

Years 7 - 12

### Season dates

All year during term time

### Training times

Thursday: 3:30 - 6pm  
 Pick up Mt Stromlo or Mt Majura 5:30pm sharp  
 Pick up from College 6pm

### Cost

\$60\*

### Contact

Nathan Metcalfe

[nmetcalfe@stedmunds.act.edu.au](mailto:nmetcalfe@stedmunds.act.edu.au)

\*All costs are subject to change based on entry/registration fees, insurance and cost of equipment.





## Rugby Union

Rugby Union is the biggest sport at St Edmund's College with a strong history going back into the early days of the College. Over the years many Australian School students and Wallabies have been produced on the back of strong results in the local competition and NSW based Waratah Shield competition.

All matches take place on a Saturday with an equal amount of home and away games against local schools, clubs and some clubs based locally in NSW.

### Age Availability

All Years

### Season dates

March – April	Pre-season
May – September	Season

### Training times

U10 – U12 Wednesday: 3:30pm - 5pm  
 U13 Monday & Wednesday:  
 3:30pm - 5pm  
 U14 – U18 Tuesday & Thursday:  
 3:30pm - 5pm

### Cost

\$150\*

### Contact

Mary-Jane McLeod

Rugby@stedmunds.act.edu.au

\*All costs are subject to change based on entry/registration fees, insurance and cost of equipment.



## Snow Sports

The St Edmunds Snow Sports program runs from the end of Term 2 through to the end of Term 3. Our first Sunday day trip will be scheduled for the last weekend in Term 2. At the start of Term 3 the College offers places to the Southern NSW and ACT Interschool Snow Sports Championships. This is a 3 day snow trip with each student required to enter a minimum of two events across the Championships. All students attending the Championships will stay in school booked accommodation in Jindabyne for the duration of the event. After the Championships, the College will aim to offer day trips on every second Sunday. More information about the day trips will be provided at the start of each season.

Please note: The Snow Sports Co-curricular option is open to all students at the College from Year 6-12; however, students from primary years attending either the day trips or the Interschool Championships must be accompanied by a parent or guardian.

### Age Availability

Years 6 - 12

### Season dates

After June long weekend until the end of the snow season

### Training times

Dates to be confirmed and are subject to change. Day trips will aim to proceed every second Sunday during term time throughout the ski season.

### Cost

\$125\*

### Contact

Tim MacArthur

[tmasters@stedmunds.act.edu.au](mailto:tmasters@stedmunds.act.edu.au)

\*All costs are subject to change based on entry/registration fees, insurance and cost of equipment.





The background of the entire page is a photograph of a stage performance. At the top, three red stage spotlights illuminate the scene. Below them, a group of performers is visible. In the center, a young man in a white striped shirt, dark trousers, and a fedora-style hat stands next to a young woman in a pink jacket, white pants, and a large pink bow in her hair. To their right, another young man in a white shirt with a bow tie and shorts is visible. On the far right, a young woman in a white shirt and a red polka-dot skirt is partially seen. The background wall features a clock, a sign that says "ALL THE WORLD'S A STAGE", and a poster titled "STAGE POSITIONING".

# Music and Performing Arts

**Musical / Cabaret**  
**Junior Band**  
**Senior Band**  
**Vocal Group**  
**Singing Blues**

**Page 11**  
**Page 12**  
**Page 13**  
**Page 14**  
**Page 15**

## Musical / Cabaret

Each year St Edmund's creates a production that alternates between the Musical and Cabaret format. The college has put on some fantastic performances over the years and this Co-curricular is one of the two that we offer in conjunction with St Clare's students. Students will be assigned to roles within the performance that are appropriate for their ability. The productions incorporate music, dance, drama and technical stage production. Rehearsals take place after school and sometimes during school in the lead up to the performance.

### Age Availability

All years

### Season dates

Term 4 - Term 2

### Rehearsal times

TBC

### Cost

None

### Contact

Nigel Palfreman

[npalfreman@stedmunds.act.edu.au](mailto:npalfreman@stedmunds.act.edu.au)





## Junior Band

Junior Band is excellent training for young musicians in skills on their instruments and skills in playing together in a group. Commitment, striving to improve as musicians and having fun are the main necessities of being in Junior Band.

### Age Availability

Years 4 - 6

### Performances

At College and external events throughout the year

### Rehearsal times

Wednesday: 8am

### Cost

To be confirmed

### Contact

Bridget Cusack

[bcusack@stedmunds.act.edu.au](mailto:bcusack@stedmunds.act.edu.au)



## Senior Band

Senior Band is a Concert Band, meaning, it consists of instruments from the brass, woodwind and percussion families. Electric bass and occasionally other instruments or voices are included. St Edmund's has a great tradition of Band playing and has produced some world-class musicians. The main elements of being in the Band are; fun, commitment and striving to improve as musicians.

### Age Availability

Years 7 - 12

### Performances

At College and external events throughout the year

### Rehearsal times

Wednesday & Friday: 8am

### Cost

To be confirmed

### Contact

Ashleigh Kerin

Akerin@stedmunds.act.edu.au





## Vocal Group

The Vocal Group is a choir for students in Years 7 – 12, it produces that unique, wonderful and warm sound of young men's voices blending together, whether in unison or harmony. The students rehearse in a relaxed but focused style.

### Age Availability

Years 7 - 12

### Performances

At College and external events throughout the year

### Rehearsal times

One lunchtime per week

### Cost

None

### Contact

Margaret Thomas

[mthomas@stedmunds.act.edu.au](mailto:mthomas@stedmunds.act.edu.au)



## Singing Blues

Singing Blues are the coolest bunch of singers that we know. Their performance at the Christmas Concert displayed exactly what we thought - a fun, happy, musically excellent and entertaining choir!

### Age Availability

Years 4 - 6

### Performances

At College and external events throughout the year

### Rehearsal times

One lunchtime per week

### Cost

None

### Contact

Margaret Thomas

[mthomas@stedmunds.act.edu.au](mailto:mthomas@stedmunds.act.edu.au)





# Extra-curricular

**Chess Club**  
**Debating Team**  
**Duke of Edinburgh**  
**Japanese – Australian**  
**Culture Club**  
**STEAM**

-  
-  
-  
-  
-

**Page 17**  
**Page 18**  
**Page 19**  
**Page 20**  
**Page 21**

## Chess Club

Students of all ages are welcome at Chess Club. The club helps students improve problem solving skills through online chess puzzles. They also participate in sit down games against each other. Chess is a game which helps teach problem solving, strategic thinking and other skillsets which are useful for a student's education.

**Age Availability**

All Years

**Activity day**

Friday 3:30pm – 4:30pm

**Competitions**

At external events throughout the year

**Cost**

None

**Contact**

John Bell

[jbelle@stedmunds.act.edu.au](mailto:jbelle@stedmunds.act.edu.au)





## Debating Club

At least one side from every Year group in the Secondary school are nominated into various age divisions of the ACT Debating Competition. The College supports teams from years 6, 7, 8, 9 and Year 10, complimented by our senior sides. Students are required to prepare and present a major oral presentation (debate) each week during the course of two, six week seasons. During Semester 2, Year 5 students may also be invited to represent the school in the fictional words competition. Throughout both semesters students develop their confidence and ability to compete against a range of school sides from the region and are encouraged to debate with passion and courage of their convictions.

### Age Availability

All Years

### Activity day

Junior: Tuesday until 4:30pm  
Senior: Lunchtimes

### Competitions

Terms 1 – 3 depending on age groups

### Cost

None

### Contact

Linda Meulen

[lmeulen@stedmunds.act.edu.au](mailto:lmeulen@stedmunds.act.edu.au)



## Duke of Edinburgh

The Duke of Edinburgh award is an opportunity for students to embrace a philosophy of 'experimental learning' which is a process of making meaning from direct experiences. To earn an Award each student must learn a skill, improve their physical well-being, volunteer in their community and experience a team adventure in a new environment. The staff coordinator will oversee student's efforts in each of these areas while providing opportunities throughout the year to go on hikes. On these adventures students will be able to learn new skills and on the way more about themselves.

**Age Availability**

Age 14+

**Activity day**

Different times throughout the year.

**Competitions**

Various events throughout the year

**Cost**

TBA

**Contact**

Tanisha Elliott

[TElliott@stedmunds.act.edu.au](mailto:TElliott@stedmunds.act.edu.au)





## Japanese - Australia Culture Club

The Japanese – Australia Culture Club allows students to experience and learn about Japanese culture with various hands-on activities such as origami crafting, cooking, educational games, manga/anime creation and calligraphic drawing. Students will be engaged in an authentic cultural discovery by comparing their culture to Japanese culture. This Co-curricular activity also allows the students to be actively involved in school-based events such as our sister school visit to the College and related cultural exchange programs as main assistants and leaders. No language proficiency is required.

### Age Availability

All Years

### Activity day

Tuesday 3:40pm – 4:40pm (Junior School)  
Thursday 3:40pm – 4:40pm (Senior School)

### Competitions

At external competitions

### Cost

To be confirmed

### Contact

Yuko Leffers

[yleffers@stedmunds.act.edu.au](mailto:yleffers@stedmunds.act.edu.au)



## STEAM

Science, Technology, Engineering, Arts and Mathematics also known as STEAM is held for seniors on Wednesday afternoons and for juniors on Thursdays. Students are provided with opportunities to develop their knowledge and skills in areas that are of particular interest to them. These may include:

- Working with drones
- Programming computer games
- Programming robots
- Working with Arduinos and circuits
- 3D modelling
- Large scale projects including building an electronic bike.

### Age Availability

Years 4 – 12

### Activity day

Wednesday (7 – 12): 3:30pm – 4:30pm  
Thursday (4 -6): 3:30pm – 5:00pm

### Competitions

At external events throughout the year

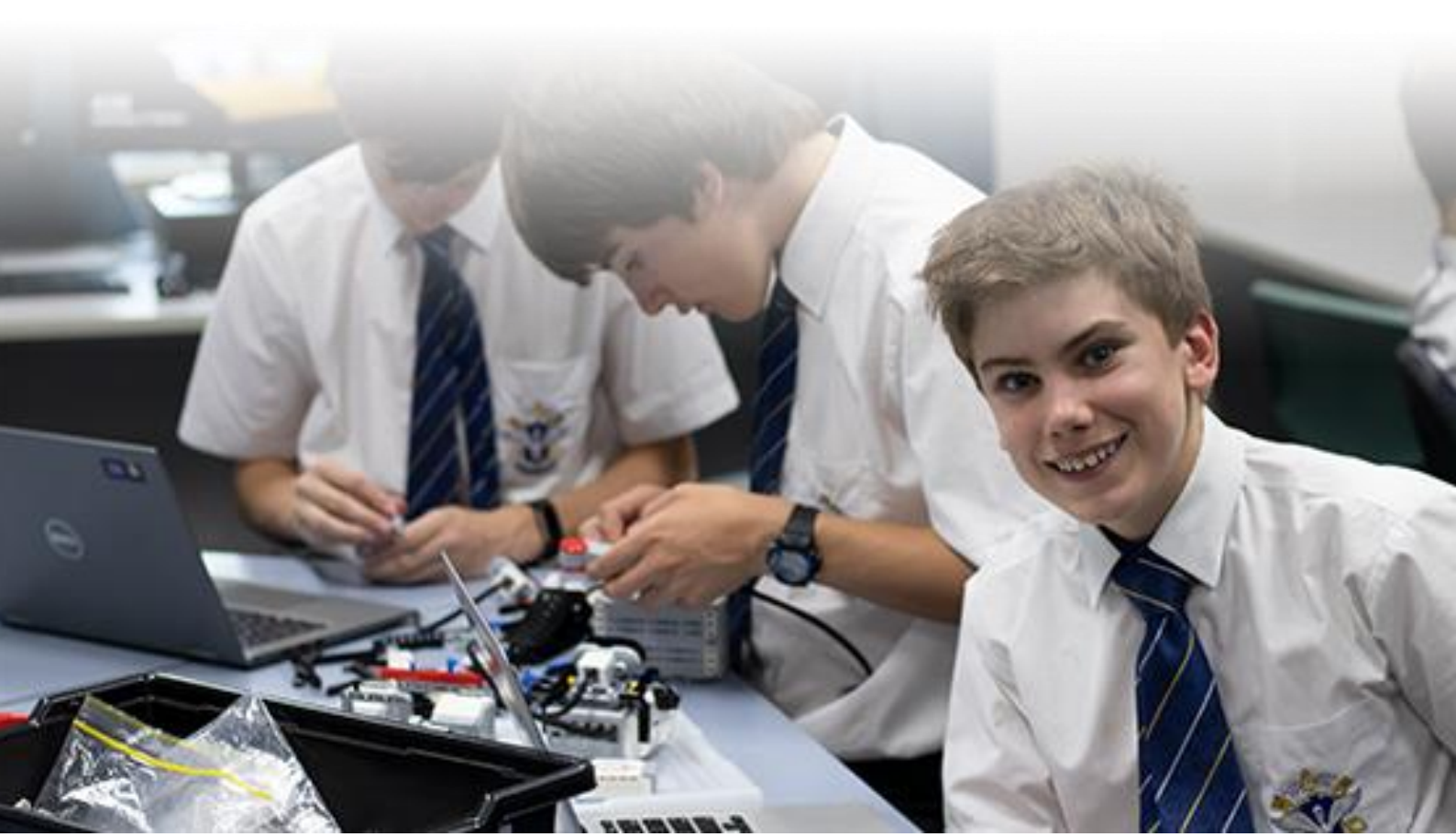
### Cost

None

### Contact

Margaret Maher

[mmaher@stedmunds.act.edu.au](mailto:mmaher@stedmunds.act.edu.au)







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