



COVID-safe Guidelines for Marist College Canberra Sports Clubs

For Stage 3.1 restrictions – Updated 3rd September 2020

<p>Permitted Activities</p>	<ul style="list-style-type: none"> • All regular training practices and competitions can resume. • Continued emphasis on physical distancing (1.5m rule), personal and respiratory hygiene. • Physical contact, sharing of equipment and use of communal facilities is discouraged. • Outdoor community sporting events (Venue) limited to groups of no more than 100 spectators, this excludes staff and participants. A venue is classified as a field with each field separated from each other. One sideline will be allocated for spectators for viewing for each venue. <p>(No more than 2 parents/carers per participant necessary for College to comply with this restriction).</p>
<p>Attendance</p>	<ul style="list-style-type: none"> • Students, coaches or any volunteer involved in training are not to participate if they: <ul style="list-style-type: none"> ○ Feel unwell or have any cold or flu-like symptoms; ○ Have been exposed to a person with COVID-19 in the preceding 14 days; or ○ Are awaiting, or have a family member/close contact awaiting a COVID-19 test result. • Clubs should encourage anyone in a vulnerable category in relation to COVID-19 to seek medical advice prior to their participation. • Anyone who becomes unwell during training should be isolated and arrangements made for them to be collected immediately. • An attendance list should be maintained for all trainings and matches. • Contact tracing registers will be set-up for all attending the venue on the day. Clubs are encourage to utilise an electronic qR code scanner to record attendance information.
<p>Hygiene and Equipment Cleaning Measures</p>	<ul style="list-style-type: none"> • College expectations in relation to hand and personal hygiene measures apply. This includes discouraging physical greetings (e.g. handshakes). • All participants should wash/sanitise their hands prior to commencing training/matches, after toilet breaks and at the end of training/matches. • Sanitisation stations are in place for use for teams training onsite at the college. • Clubs should provide hand sanitiser for individual training groups/teams and cleaning supplies for equipment. Clubs should encourage participants to bring their own hand sanitiser. • All equipment should be cleaned/disinfected before, during and after training/matches. Where possible, the sharing of equipment should be kept to a minimum. • Participants are required to bring their own drink bottles. College bubblers have been closed and re-purposed as bottle refill stations. • Sharing of food and drink bottles is not permitted.

	<ul style="list-style-type: none"> Bins are available across college grounds for the safe disposal of rubbish.
Social Distancing on College Grounds	<ul style="list-style-type: none"> Attendees are encouraged to have downloaded the COVIDSafe app. Those who have not are able to record their name and contact number on arrival. Clubs and COVID-safety officers should take a proactive approach by ensuring adequate social distancing signage is visible on grounds and encourage attendees of the social distancing requirements. Grandstands are now open and limited portable stands/bleachers will be placed around the College for use while viewing matches only. Spectators utilising these facilities are required to maintain physical distancing of 1.5 metres between family groups.
Change Rooms	<ul style="list-style-type: none"> Use of change rooms at the College is permitted, however clubs should encourage limited use and continue to ask players to arrive dressed to play. Gear should not be left in change rooms and players and spectators should not return to change rooms following conclusion of matches.
Canteen	<p>The College supports the operation of canteens onsite, with the following guidelines:</p> <ul style="list-style-type: none"> Maximum occupancy in the canteens in compliance with 4m² rule is 5 adults. Volunteers and customers will need to maintain social distancing during service. In addition to existing food safety requirements, ensure good hand hygiene and environmental cleaning (particularly of high-touch points such as counters and fridge doors). Gloves should be worn at all times. Cashless transactions are recommended.
Parents and Spectators - Competitions	<ul style="list-style-type: none"> Only 2 parent/carers should be in attendance at matches where possible. Clubs should discourage non-essential persons from attending as spectators.
<i>Key Principle Remains – Get in, play, and get out.</i>	