

# Holistic Programs at St Edmund's College

Personal Formation



Elevated Learning

# Our Personal Formation and Elevated Learning programs enable us to thrive in these core aspects of our school vision

Vibrant Spirit



Strong Character



Tailored Learning



In these programs, these are our goals.  
We want to learn...

In Personal Formation

In Elevated Learning

How to be aware of our self,  
others and our personal  
spirituality

How to be a learner

*Based on*  
PERMA Framework  
Brisbane Curriculum 'Christian Living' strand

*Based on*  
Habits of Mind  
Growth Mindsets  
Metacognition



*For more information, please go to 'Course information' on Canvas courses*

Personal Formation

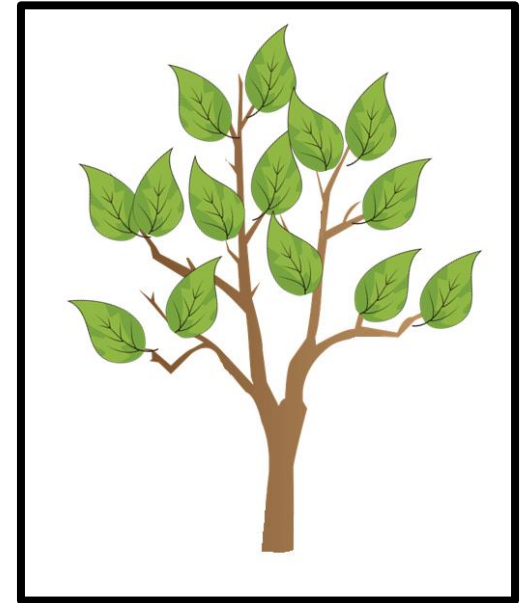


Imagery of the mustard seed- foundations of faith and fruit of it. It also represents the core of ourselves and values.

Vibrant Spirit

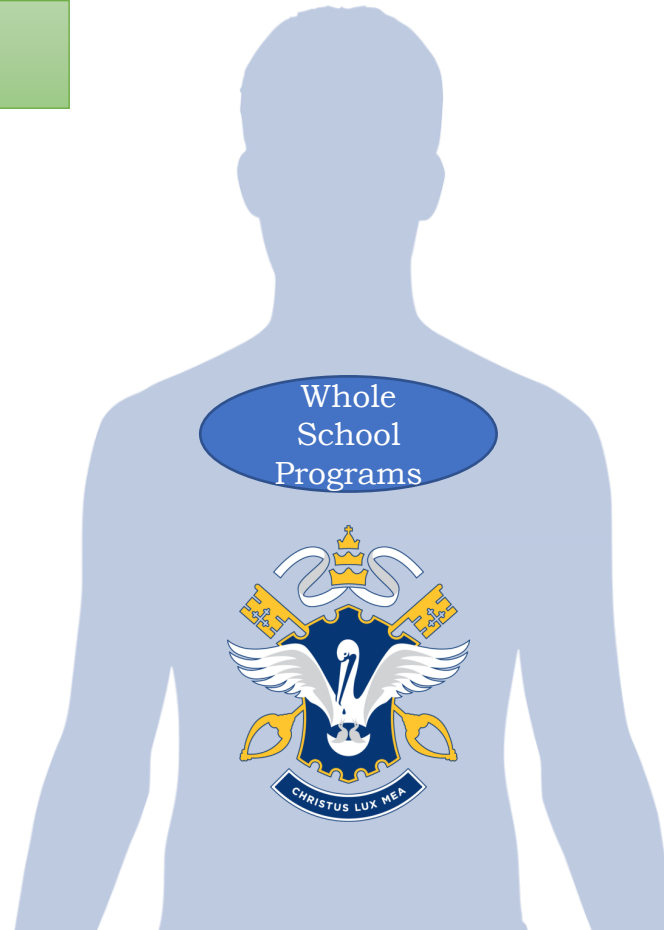


Elevated Learning



Imagery of the tree- growth and mastery of skills, each students at a different branch with room to grow

Tailored Learning



Strong Character



# How?

- We explore our personal strengths and how we can reach out to others
- We also look at social issues that face young people today
- We also develop an understanding of faith and spiritual practices
- We learn from key organisations, guest speakers and more about their life experiences

Personal Formation



- We explore what skills and strategies we can put into practice to develop our learning
- We look at organisational skills, planning, research, inquiry and much more
- We look at what you are learning, what you are working on and how we can seek opportunities for growth
- We also explore pathways and options we have throughout our Educational journey at Eddies

Elevated Learning



# How?

- House and year group time
- Focus on personal strengths and engagement in the Eddies and broader community
- Context of a Catholic school
- Opportunities for advocacy
- Engage in leadership opportunities
- Self reflection and evaluation
- Buddy programs and relationship building activities

- Year group classes
- Skills and learning progression focus
- Developing an understanding of strengths
- Application to subjects and tasks that are current
- Opportunities for working with feedback leading to growth
- Thinking and learning independently and collectively
- Challenged to think critically, ask questions and engage in our own learning



Personal Formation

Elevated Learning



# What will you need?

- Exercise book
- Pen
- Device – to access activities on Canvas when directed by your teacher

- Exercise book
- Pen
- Device – to access activities on Canvas as well as your current assessments, calendars and feedback
- Assignment work (when directed)



Personal Formation

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# What else will you need?

A positive and proactive attitude. We have scheduled time for these programs in your timetable because we strongly believe in the benefit you will gain from them.

You will develop new skills and habits as well as strengthen the ones you have.



Personal Formation

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# When do these programs happen?

FRIDAY

Period 2

Period 3

Personal Formation

Elevated Learning



Assemblies and House Meetings also are scheduled in these times.

FRIDAY

House Meetings occur twice a term, during period 2

College Assemblies occur twice a term, during period 3

Personal Formation

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This will be communicated via Canvas and notices- You will be in your timetabled class most of the time



# Calendar on your Canvas courses

Students are encouraged to look at the Calendar on both courses

Welcome to Personal Format



Select Your Year Level to Begin

[Year 7](#)

[Year 8](#)

[Year 9](#)

[Year 10](#)

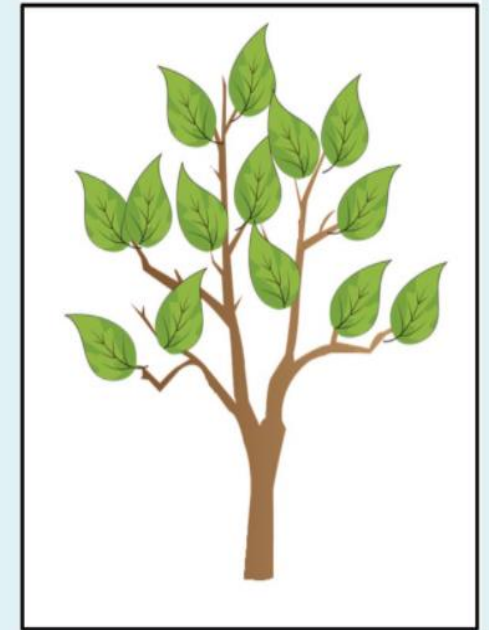
[Year 11](#)

[Calendar](#)

[Program Information](#)



Welcome to Elevated Learning



Select Your Year Level to Begin

[Year 7](#)

[Year 8](#)

[Year 9](#)

[Year 10](#)

[Year 11](#)

[Calendar](#)

[Program Inform](#)



We are looking forward to starting  
this learning journey together

In Personal Formation

How to be aware of our self,  
others and our personal  
spirituality



In Elevated Learning

How to be a learner

