



ST EDMUNDS COLLEGE CANBERRA

Metropolitan Canteens

Prices effective from Jan 2024



Sandwiches Rolls& Wraps

White/wholemeal/Multigrain

Fillings available

Choose from Ham, Poached Chicken, Smoked Salmon, Turkey, Egg, Roast beef, Lettuce, Tomato, Carrot, Cucumber, Beetroot, Onion, Avocado **with** Cranberry, Mustard, Mayo & grilled Vegetables.

Sandwiches	\$5.50
Rolls	\$6.00
Wraps Half	\$4.00
Wraps Whole	\$7.00
Focaccia Grilled	\$6.50

Salads & Grab and Go Foods

Pasta or Rice Salad	\$5.00
Chicken Caesar	\$7.00
Greek Salad	\$6.00
Beef Salad	\$7.00
Vietnamese chicken salad	\$7.00
Sushi varieties Tuesday and Thursdays	\$3.90
Fresh Fruit (whole)	\$1.50
Fruit Salad	\$5.50
Yoghurt	\$3.00
Jelly Cups	\$2.00
Chocolate Mousse	\$3.50

VEGAN, GLUTEN FREE FOODS

Gluten free sandwiches available on order fillings same as other sandwiches listed .

<u>Vegan Wrap with Hummus and Beans</u>	<u>\$4.50</u>
<u>Rice paper roll with Asian Veg</u>	<u>\$2.50 ea</u>
<u>Savoury Fried Rice GF Soy Sauce</u>	<u>\$4.50</u>
<u>GF Lasagne & Vegan Lasagne</u>	<u>\$7.00</u>

THE BAKERY

All made on site (low fat)

Cookies	\$2.50
Muffins Variety	\$3.50
Brownie Slice	\$4.00
Berry and Oat muffins	\$3.50
Caramel Slice	\$4.00
Rocky road nut free	\$4.50
Eton Mess cups	\$6.00



THE BAKERY

Continued

All made on site (low fat)

Sausage Rolls	\$4.50
Spinach & Ricotta Rolls	\$4.70
Quiche	\$4.50
Pasties	from \$5.00
Pies Commercial	\$5.00

Burgers & Buns

Chicken Schnitzel	\$6.50
Chicken Burger	\$5.50
Cheeseburger	\$5.50
Hamburger & salad	\$7.00
Hot Roast chicken & Mayo	\$5.00
Falafel Wrap	\$4.50
Hot Roast Beef & Gravy	\$5.50
Vegetarian Burger	\$5.50
Sweet Chilli Tender	\$2.20
Hot Dogs with sauce	\$4.50
Sweet Chilli Chicken Wrap	\$5.00
Dim Sims (3)	\$4.50
Hash Brown	\$2.00

MEAL SPECIALS Vary Daily check in Canteen for weekly menu

Pasta Dishes

Penne Carbonara	\$6.50
Penne Bolognese	\$6.50
Vegetarian Shells	\$5.50
Beef Lasagne	\$7.00
Vegetarian Lasagne	\$6.00

Rice Dishes

Special Fried Rice	\$5.00
Steamed Rice with Asian Greens	\$5.00

Other Meals

Roast Meat with Roast vegetables	\$7.00
Singapore Noodles	\$6.50
Baked Potato with Toppings	\$5.50
Beef or Chicken Curry and rice	\$6.50
Many more varieties will be available during the course of the year such curries, casseroles and Yiros.	

Check the school Bulletin and other Canteen Notice Boards for daily specials
ST EDMUNDS COLLEGE CANBERRA

Canteen Price List

Prices effective from Jan 2024



VEGETARIAN & HALAL & GLUTEN FREE
OPTIONS AVAILABLE



<u>Breakfast</u>	Available from 8-00am	
Cereal and Milk	Full Cream or Skim	\$2.50
Bacon and Egg Roll		\$6.00
Bacon and Egg Muffin		\$5.00
Scrambled Egg Wrap		\$5.00
Egg Bacon & Sausage Wrap & Hash Brown		\$7.00
Croissant Ham & Cheese		\$5.00
Toasted Sandwich		\$5.00



Drinks

500ml Classic Milk Flavoured	\$5.00
300ml Classic Milk	\$3.50
300ml Plain Milk	\$2.00
600ml water	\$2.50
Up and Go Milk	\$3.50
Just Juice Popper	\$2.20
Mineral Water	\$4.50
Iced Tea	\$4.50
Mineral Water Cans	\$3.00

Crisps

Red Rock 45 gm	\$3.50
Doritos	\$3.50
Jumpys	\$1.50
Popcorn	\$2.00

Variety of Ice creams available see in Canteen

Order online with Flexischools to avoid the queue